

Good God
He Restores my Soul
May 8, 2022



"The Lord is my shepherd; I will not be in need. He lets me lie down in green pastures; He leads me beside quiet waters. He restores my soul." Psalm 23:1-3 (NASB)

"For the word of God is alive and powerful. It is sharper than the sharpest two-edged sword, cutting between soul and spirit, between joint and marrow. It exposes our innermost thoughts and desires." Hebrews 4:12 (NLT)

Soul – ψυχή - Strongs 5590 - psychē

My soul is the part of me that _____, _____, & _____.

What damages our soul?

1. Unaddressed _____.
Job 5:2, Job 18:4, Romans 12:19
2. Unconfessed _____.
Psalm 38:4-6, Proverbs 20:27
3. Unprocessed _____.
Psalm 31:9

How does Jesus restore our soul?

1. Jesus turns my _____ into _____.
Romans 8:28-29, Genesis 50:20
2. Jesus takes my _____.
Ephesians 3:11, Isaiah 53:5-6, John 10:11, Hebrews 10:10
3. Jesus _____ my grief, and _____ my heart.
Isaiah 53:3-4, Psalm 147:3, Psalm 56:8

NOTES:
Matthew 11:28-30

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