



“Thank God that He gives us the victory through our Lord Jesus Christ.”  
1 Corinthians 15:57 <sup>GW</sup>

## Mindset Makeovers

1. The Self-Destructive Mindset: SHAME  
The Mindset Makeover: REMIND MYSELF DAILY WHAT JESUS DID FOR ME.  
Romans 8:1-4
2. The Self-Destructive Mindset: UNCONTROLLED THOUGHTS.  
The Mindset Makeover: ASK THE HOLY SPIRIT TO GIVE ME BETTER THOUGHTS.  
Romans 8:5-6
3. The Self-Destructive Mindset: IMPULSES.  
The Mindset Makeover: MY NEW ABILITY TO SAY NO.  
Romans 8:9
4. The Self-Destructive Mindset: \_\_\_\_\_.  
The Mindset Makeover: \_\_\_\_\_.  
Romans 8:15 <sup>GNT</sup> – “For the Spirit that God has given you does not make you slaves and cause you to be afraid; instead, the Spirit makes you God's children, and by the Spirit's power we cry out to God, “Father! my Father!” God's Spirit joins himself to our spirits to declare that we are God's children.”  
2 Timothy 1:7 <sup>MEV</sup> – “For God has not given us the spirit of fear, but of power, and love, and self-control.”  
Philippians 4:13 <sup>CEV</sup> – “Christ gives me the strength to face anything.”
5. The Self-Destructive Mindset: \_\_\_\_\_.  
The Mindset Makeover: \_\_\_\_\_.  
Romans 8:17-18 <sup>GNT</sup> – “Since we are his children, we will possess the blessings he keeps for his people, and we will also possess with Christ what God has kept for him; for if we share Christ's suffering, we will also share his glory. I consider that what we suffer at this present time cannot be compared at all with the glory that is going to be revealed to us.”

6. The Self-Destructive Mindset: \_\_\_\_\_.

The Mindset Makeover: \_\_\_\_\_.  
Romans 8:19-25 <sup>NLT</sup> – “For all creation is waiting eagerly for that future day when God will reveal who his children really are. Against its will, all creation was subjected to God's curse. But with eager hope, the creation looks forward to the day when it will join God's children in glorious freedom from death and decay. For we know that all creation has been groaning as in the pains of childbirth right up to the present time. And we believers also groan, even though we have the Holy Spirit within us as a foretaste of future glory, for we long for our bodies to be released from sin and suffering. We, too, wait with eager hope for the day when God will give us our full rights as his adopted children, including the new bodies he has promised us. We were given this hope when we were saved. (If we already have something, we don't need to hope for it. But if we look forward to something we don't yet have, we must wait patiently and confidently.)”

### FOUR KEY TRUTHS

1. \_\_\_\_\_.  
Romans 8:26-27 <sup>NLT</sup> – “And the Holy Spirit helps us in our weakness. For example, we don't know what God wants us to pray for. But **the Holy Spirit prays for us** with groanings that cannot be expressed in words. And the Father who knows all hearts knows what the Spirit is saying, for the Spirit pleads for us believers in harmony with God's own will.”
  2. \_\_\_\_\_.  
Romans 8:28 <sup>NLT</sup> – “And we know that **God causes everything to work together for the good** of those who love God and are called according to his purpose for them.”
  3. \_\_\_\_\_.  
Romans 8:31 <sup>NLT</sup> – “What shall we say about such wonderful things as these? If **God is for us**, who can ever be against us?”
  4. \_\_\_\_\_.  
Romans 8:32 <sup>NLT</sup> – “Since he did not spare even his own Son but gave him up for us all, **won't he also give us everything else?**”
7. The Self-Destructive Mindset: \_\_\_\_\_.

The Mindset Makeover: \_\_\_\_\_.  
Romans 8:38-39 <sup>NLV</sup> – “For I know that nothing can keep us from the love of God. Death cannot! Life cannot! Angels cannot! Leaders cannot! Any other power cannot! Hard things now or in the future cannot! The world above or the world below cannot! Any other living thing cannot keep us away from the love of God which is ours through Christ Jesus our Lord.”