

am i the only one?

September 14, 2025
the struggle is real, but



“O Lord, how long will you forget me? Forever? How long will you look the other way? How long must I struggle with anguish in my soul, with sorrow in my heart every day? How long will my enemy have the upper hand?”

Psalms 13:1-2 (NLT)

the struggle is real, but

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Exodus 4:10 (NLT) – “Moses pleaded with the LORD, “O Lord, I’m not very good with words. I never have been, and I’m not now, even though you have spoken to me. I get tongue-tied, and my words get tangled.””

1 Kings 19:4 (TLB) – “Then he went on alone into the wilderness, traveling all day, and sat down under a broom bush and prayed that he might die. “I’ve had enough,” he told the Lord. “Take away my life. I’ve got to die sometime, and it might as well be now.””

Jeremiah 20:14 (GW) – “Cursed is the day that I was born, the day that my mother gave birth to me. May it not be blessed.”

John 20:25 (NLT) – “They told him, “We have seen the Lord!” But he replied, “I won’t believe it unless I see the nail wounds in his hands, put my fingers into them, and place my hand into the wound in his side.””

1 Corinthians 10:13 (NLT) – “The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.”

Hebrews 4:15-16 (MSG) – “We don’t have a priest who is out of touch with our reality. He’s been through weakness and testing, experienced it all - all but the sin. So let’s walk right up to him and get what he is so ready to give. Take the mercy, accept the help.”

Psalms 139:1-4 (TLB) – “O Lord, you examine my heart and know everything about me. You know when I sit or stand. When far away you know my every thought. You chart the path ahead of me and tell me where to stop and rest. Every moment you know where I am. You know what I am going to say before I even say it.”

2 Corinthians 12:9 (CEV) – “‘My kindness is all you need. My power is strongest when you are weak.’ So if Christ keeps giving me his power, I will gladly brag about how weak I am.”

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2. _____.

James 5:16 (NLT) – “Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results.”

Ephesians 5:13-14 (NLT) – “Evil intentions will be exposed when the light shines on them, for the light makes everything visible.”

Psalms 42:9, 11 (GW) – “God, my rock, Why have you forgotten me? Why must I walk around in mourning while the enemy oppresses me? Why are you discouraged, my soul? Why are you so restless? Put your hope in God, because I will still praise him. He is my savior and my God.”

Matthew 6:8 (NLT) – “Your Father knows exactly what you need even before you ask Him!”

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3. _____.

Psalms 34:18 (NLT) – “The LORD is close to the brokenhearted; he rescues those whose spirits are crushed.”

Romans 8:26-27 (NLT) – “The Holy Spirit helps us in our weakness. For example, we don’t know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words. And the Father who knows all hearts knows what the Spirit is saying, for the Spirit pleads for us believers in harmony with God’s own will.”

Matthew 11:28-30 (NLT) – “Then Jesus said, ‘Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light.’”

2 Corinthians 1:3-4 (NLT) – “All praise to God, ...the source of all comfort. He comforts us in all our troubles so that we can comfort others. When they are troubled, we will be able to give them the same comfort God has given us.”

John 16:33 (NIV) – “In this world you will have trouble. But take heart! I have overcome the world.”

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