

# The Bread of Life



# ‘Ya got more Bread?

Jesus answered, “You’ve come looking for me not because you saw God in my actions but because I fed you, filled your stomachs—and for free.”

Don’t waste your energy striving for perishable food like that. Work for the food that sticks with you, food that nourishes your lasting life, food the Son of Man provides. He and what he does are guaranteed by God the Father to last.”

John 6:26-27 MSG

# The Bread of Life

Jesus did not come to “**GIVE**”  
bread but to “**Be**” the bread.

*For the bread of God **is the one** who comes down  
from heaven and gives life to the world.”*

John 6:33

# How do we “earn” this Life?

“What must we do to do the works God requires?”  
Jesus answered, “The work of God is this: to believe in the one he has sent.”

John 6:28

“God saved you by his *grace* when you believed. And you can’t take credit for this; it is a *gift* from God. Salvation is not a reward for the good things we have done, so none of us can boast about it.”

Ephesians 2:8-9

Greek word “Zoe” means the higher principle of life in the spirit and soul.

*“Do not work for food that spoils, but for food that endures to eternal “zoe” life. (John 6:27)*

*“Whoever drinks of the water that I shall give him will never thirst. But the water that I shall give him will become in him a fountain of water springing up into everlasting “zoe” life.” (John 4:14)*

A contrasting Greek word for life is “psuche.” referring to the lower form of life that originates and is developed through the works of the flesh in this world.

*For example, Jesus said, “My Father loves Me, because I lay down My life (psuche).” (John 10:17)*

*“Whoever finds their life (psuche) will lose it and whoever loses their life (psuche) for my sake will find it” (Matthew 10:39 )*

## What the World offers:

“For the world offers only a craving for physical pleasure, a craving for everything we see, and pride in our achievements and possessions. These are not from the Father, but are from this world. And this world is fading away, along with everything that people crave. But anyone who does what pleases God will live forever.”

1 John 2:16-17 NLT

You *cannot* fill a “Zoe” (spiritual) need with a “Psyche” (worldly) solution!

- Work
- Alcohol
- Food
- Social media
- Friends
- Spouses
- Exercise
- Adventures and travel



# Unbelieving “Disciples”

- Don't want a *relationship* with Him
- They Just want the “benefits” he brings
- They can't grasp the spiritual meaning of Jesus words.
- They want to “use” him to get something they want in this world (a “ticket” to heaven, peace, good health, wealth, pain-free living, and whatever “help” they need).

# The Parable of the Great Feast

Luke 14: 15-23

The “*invited* guest’s” excuses:

- Financial needs: “*I have just bought a field, and I must go and see it.*”
- Work duties: “*I have just bought five yoke of oxen and I’m on my way to try them out.*”
- Family responsibilities: “*I just got married, so I cannot come.*”

## **“Vital” Signs of “Zoe” Life**

- Radically new and different life
- Desire to know Christ more intimately
- Hungry for God’s word
- Seeing spiritual truths revealed continually through the Holy Spirit
- No longer fear death
- Internal witness of the Holy Spirit
- Yearning for the day Christ returns

# Jesus Thins the Crowd

- “I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world.”
- Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you.
- For my flesh is real food and my blood is real drink. Whoever eats my flesh and drinks my blood remains in me, and I in them.” John 6:51-56

# “Feed” on Me

- “Just as the living Father sent me and I live because of the Father, so the one who *feeds* on me will live because of me.”
- The Greek word used here for “feed on” is *trōgōn*. It means to gnaw, munch, crunch, and chew on.

# To “Eat” is to Believe

“For my Father’s will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day.”

John 6:40

- Eating is to “receive him, take him in by faith.”
- It’s personal and relational.
- True belief hears Jesus and says his words are life. Zoe life!

# Jesus Words Give Life

“Life is spiritual. Your physical existence doesn’t contribute to that life. The words that I have spoken to you are spiritual. They are life.” GW

The bread Jesus gives is not a *side* dish. It’s the *WHOLE* meal. It’s a feast!

You must believe before you “see”.

- Jesus said, *“Unless you are born again, you cannot see the Kingdom of God”* (John 3:3 NLT).
- Jesus said to Thomas, “You believe because you’ve seen me. Blessed are those who haven’t seen me but believe.” MSG
- Did I not tell you that if you believe you will see the glory of God?” John 11:40



# Pass the Bread, please?

“We are all mere beggars telling other beggars where to find bread.” Reformer Martin Luther

The love of God knits us together, the poor, the blind and the lame.

Grow, expand your tables and pass the bread, please!